

# Wyngate Swim Club Pool Rule

All lifeguards are trained and certified  
Listen to and respect the lifeguards

## General Pool Rules

1. No Running
2. No horseplay (pushing, shoving, dunking, pulling, chicken fights etc.)
3. No tossing anyone up in the air
4. No diving anywhere there is a red line around the pool
5. No floatation devices allowed in the deep area
6. No hanging on lane ropes
7. Lap lane is for swimming laps only
8. No eating or drinking in or near the pool
9. **No glass anywhere**
10. Lounge chairs are for members 18 and over
11. Baby Pool is for children 6 and under
12. Water diapers required for any diapered individuals
12. No one under the age of 12 is allowed in the pool without a parent or guardian
13. Snack Bar and Guards' room are for employees only
14. No smoking (cigarettes, drugs, pipes, vaping, cigars etc.) anywhere on pool property
15. Report any fecal or vomit to a guard immediately
16. Adult swim is for swimmers 18 years and over

## Diving Rules

1. **You must be able to swim the width of the diving well to go off the board.**
2. **Do not catch a diver off the board**
3. One person on diving board at all times
4. No swimming under the board
5. Wait until the diver gets to the ladder before another goes in
6. Only one bounce before diving
7. No inward or reverse dives allowed
8. No hanging off the edges of the board
9. Dive off the front of the board only

## Pavilion Rules

1. Check in with the guards for pavilion use
2. Clean the grills when finished
3. Clean the area when the rental is over
4. NO GLASS
5. Follow rental procedures

**All employees reserve the right to eject anyone from the pool area if the above rules are broken.**